

PVS Long Course
Senior/Age Group II Open Meet
June 29, 2008

Locations: Lee District Park Pool
6601 Telegraph Road Alexandria, VA 22310 703-922-4841

Schedule:	Session	Warm-up	Events Start
	13 and Over	6:30 - 7:20am	7:30am
	12 and Under	11:30am - 12:20pm	12:30pm

Eligibility: Open to all Potomac Valley Swimming registered athletes. Also, open to registered athletes of invited USA Swimming clubs. Clubs interested in participating should request an invitation from the PVS Senior Chairman, Riley Eaton at 301-367-2819 or jreaton@verizon.net or the PVS Age Group Chairman, Bill Marlin at 571-334-0987 or coach_bill@verizon.net. Swimmers shall compete at the age attained on the first day of the meet. It may be necessary to limit entries due to time constraints.

Rules:

- Current USA Swimming rules shall govern the meet. All events are timed finals.
- A contestant may enter no more than three events.
- SEED TIMES ARE LONG COURSE METERS
- No on-deck USA-S registration is permitted.

Inclusion Policy for Swimmers with a Disability: PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Positive Check In: All events 200 Meters or longer will be deck seeded. The Meet Director will determine if positive check-in will be required for any events of 100 meters or shorter. Athletes who check in to a deck-seeded event, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Referee before the event takes place.

Warm-up: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of the warm-up, including times and lane assignments.

Officials: Each participating club is requested to provide at least one table worker or official (referee, starter or stroke and turn judge) per session if entering 25 or more splashes. All certified officials wishing to volunteer to work this meet please contact the appropriate club officials chairman or meet referee as shown above prior to June 22. Please include your club affiliation, certifications held and sessions you wish to work. Officials volunteering should sign in at the recording table prior to the start of Warm-ups. Certified officials who have not previously advised of their availability may volunteer their services to the Referee at this time.

Timers: Participating clubs are required to provide timers in proportion to their entries. A timer is required for each 25 entries. The number of timers being committed must be included on the club master entry. The number of timers required will be adjusted when club is providing other officials. Acceptance of the club entry is based upon compliance with the above. Host clubs are required to provide one timer per lane.

Admission/Programs/Concessions: There is no admission charge. Programs for each session will be available for a price not to exceed \$2.00 each. Working officials and coaches receive a free program. There is no Concessions available at this meet.

Awards: There will be no awards at this meet.

Late/Deck Entries: Late (deck) entries are \$10.00 per individual event and must be submitted no later than 45 minutes prior to the first event of each session. Swimmers will first be entered into open lanes in existing heats on a first come, first served basis. In the event of a significantly over subscribed session, the Meet Director reserves the right to not accept deck entries.

Evidence of current USA-S registration will be required for deck entries. This can be done by presenting a copy of the athlete's USA-S athlete's registration card.

Sunday, June 29, 2008

Session	Warm-up	Events Start
13 and Over Events	6:30 - 7:20am	7:30am
12 and Under Events	11:30am - 12:20pm	12:30pm

13 & Over/Senior Session

Women's Event #	Event	Men's Event #
1	13 & Over 100 M Freestyle	2
3	13 & Over 200 M Butterfly	4
5	13 & Over 100 M Breaststroke	6
7	Senior 400 M Individual Medley	8
9	13 & Over 200 M Freestyle	10
11	13 & Over 200 M Backstroke	12

Positive Check-In Required Schedule

Events 3-4 -- 7:00 AM

Events 7-10 -- 7:30 AM

Events 11-12 -- 7:30 AM

12 and Under Session

Women's Event #	Event	Men's Event #
13	11-12 200 M Butterfly	14
15	10 & U 50 M Backstroke	16
17	11-12 50 M Backstroke	18
19	10 & U 100 M Breaststroke	20
21	11-12 100 M Breaststroke	22
23	10 & U 200 M Freestyle	24
25	11-12 200 M Freestyle	26
27	10 & U 50 M Butterfly	28
29	11-12 50 M Butterfly	30
31	11-12 200 M Backstroke	32
33	10 & U 100 M Freestyle	34
35	11-12 100 M Freestyle	36

Positive Check-In Required Schedule

13-14--12:00 PM

23-26--12:30 PM

31-32-- 12:30 PM

**ENTRIES DUE -- NO LATER THAN
Tuesday, June 10th, 2008**