



PVS Long Course

Age Group & Senior I -- Open Meet

June 15, 2008



Hosted for Potomac Valley Swimming By: Machine Aquatics

Locations: Lee District 6601 Telegraph Road, Alexandria, VA 22310 703-922-4841

Schedule:	Session	Warm-up	Events Start
	12 and Under Session	6:30 - 7:20 am	7:30 am
	13 and Over Session	11:30 am - 12:20 pm	12:30 pm

Eligibility: Open to all Potomac Valley Swimming registered athletes. Also, open to registered athletes of invited USA Swimming clubs. Clubs interested in participating should request an invitation from the PVS Senior Chairman, Riley Eaton at 301-367-2819 or jreaton@verizon.net or the PVS Age Group Chairman, Bill Marlin at 571-334-0987 or coach_bill@verizon.net. Swimmers shall compete at the age attained on the first day of the meet. It may be necessary to limit entries due to time constraints.

Rules: Current USA Swimming rules shall govern the meet. All events are timed finals. A contestant may enter no more than three events. **SEED TIMES ARE LONG COURSE METERS**
No on-deck USA-S registration is permitted.

Inclusion Policy for Swimmers with a Disability:

PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy as adopted by the BOD](#). Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Positive Check In: All events 200 Meters or longer will be deck seeded.

The Meet Director will determine if positive check-in will be required for any events of 100 meters or shorter. Athletes who check in to a deck-seeded event, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Referee before the event takes place.

Warm-up: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of the warm-up, including times and lane assignments.

Officials: Each participating club is requested to provide at least one table worker or official (referee, starter or stroke and turn judge) per session if entering 25 or more splashes. All certified officials wishing to volunteer to work this meet please contact the appropriate club officials chairman or meet referee as shown above prior to June 3. Please include your club affiliation, certifications held and sessions you wish to work. Officials volunteering should sign in at the recording table prior to the start of Warm-ups. Certified officials who have not previously advised of their availability may volunteer their services to the Referee at this time.

Timers: Participating clubs are required to provide timers in proportion to their entries. A timer is required for each 25 entries. The number of timers being committed must be included on the club master entry. The number of timers required will be adjusted when club is providing other officials. Acceptance of the club entry is based upon compliance with the above. Host clubs are required to provide one timer per lane.

Admission: session will be available for \$2.00 each. Working officials and coaches receive a free program.

Awards: There are no awards at this meet.

Deck Entries: Late (deck) entries are \$10.00 per individual event and must be submitted no later than 45 minutes prior to the first event of each session. Swimmers will first be entered into open lanes in existing heats on a first come, first served basis. In the event of a significantly over subscribed session, the Meet Director reserves the right to not accept deck entries.
Evidence of current USA-S registration will be required for deck entries. This can be done by presenting a copy of the athlete's USA-S athlete's registration card.

Sunday, June 15, 2008

Session	Warm-up	Events Start
12 and Under Session	6:30 - 7:20 am	7:30 am
13 and Over Session	11:30 - 12:20 pm	12:30 pm

12 and Under Session

Women's Event #	Event	Men's Event #
1	11-12 400 M Freestyle	2
3	10&U 400 M Freestyle	4
5	11-12 100 M Backstroke	6
7	10&U 100 M Backstroke	8
9	11-12 200 M Breaststroke	10
11	10 & U 100 M Butterfly	12
13	11-12 100 M Butterfly	14
15	10 & U 50 M Freestyle	16
17	11-12 50 M Freestyle	18
19	10 & U 200 M Individual Medley	20
21	11-12 200 M Individual Medley	22
23	10 & U 50 M Breaststroke	24
25	11-12 50 M Breaststroke	26

Positive Check-In Required Schedule

Events 1-4 -- 7:00 AM

Events 9-10 -- 7:30 AM

Events 19-22 -- 7:30 AM

13 and Over/Senior Session

Women's Event #	Event	Men's Event #
27	13 & Over 400 M Freestyle	28
29	13 & Over 100 M Backstroke	30
31	13 & Over 200 M Breaststroke	32
33	13 & Over 100 M Butterfly	34
35	13 & Over 200 M Individual Medley	36
37	13 & Over 50 M Freestyle	38

Positive Check-In Required Schedule

27-28--12:00 PM

31-32--12:30 PM

35-38-- 12:30 PM

ENTRY

PROCEDURE:

Download the Meet announcement off the machineaquatics.com website under the MEETS page. Send an email to entries@machineaquatics.com including the Swimmer's Full Name with Middle initial, Date of Birth, Event and Event Number. Under Subject Heading include the Name of Meet.

**ENTRIES DUE -- NO LATER THAN
Friday, May 30, 2008**