

# MACHINE AQUATICS

## TYSONS ONE LIFE FITNESS LOCATION



### 2023-2024 SEASON INFORMATION

Machine Aquatics strives to make a positive difference in the lives of its team members by promoting good sportsmanship, bio-mechanically sound techniques, nutrition, healthy lifestyle, balance, commitment, responsibility, love for the sport of swimming, and self-respect.

PRACTICE GROUPS	PRICING	PAYMENT #1	REMAINING PAYMENTS
<b>SENIOR ORANGE-</b> 4 Workout per week (11 months) 13 & Over- Coach evaluation required	\$3,973.00	\$1,405.75	#2-4- \$855.75
<b>SENIOR SILVER-</b> 3 Workouts per week (9 months) 13 & Over	\$3,580.00	\$1,307.50	#2-4- \$757.50
<b>SENIOR GREEN-</b> 2 Workouts per week (9 months) 13 & Over	\$3,190.00	\$1,210.00	#2-4- \$660.00
<b>HIGH-PERFORMANCE ORANGE-</b> 5- 6 Workouts per week (11 months) 10- 14 Years Old- Coaches approval required- 85% practice attendance required. Meet participation requirements apply.	\$4,685.00	\$1,583.75	#2-4- \$1,033.75
<b>HIGH-PERFORMANCE SILVER-</b> 4 Workouts per week (11 months) 10- 14 Years Old- Coaches evaluation required. 85 % practice attendance is required.	\$3,872.00	\$1,380.50	#2-4- \$830.50
<b>GEARS SILVER-</b> 3 Workouts per week (9 months) 12 & Under- M/W/S or T/TH/ S	\$3,578.00	\$1,307.00	#2-4- \$757.00
<b>GEARS GREEN-</b> 2 Workouts per week (9 months) 12 & Under M/W or T/TH	\$3,190.00	\$1,210.00	#2-4- \$660.00
<b>STROKE MECHANICS -</b> 1 Workout per week (9 months)12 & Under	\$1,060.00	\$362.00	#2-4- \$232.50
<b>HIGH SCHOOL/AGE GROUP/SUMMER PREP -</b> 2 Workouts per week (PARTIAL SEASON PROGRAM)	\$1,525.00	\$500.00	#2-4- \$325.00

- Team Dues are split into 4 payments-
  - Registration Fee + ¼ Dues Due at the time of registration
  - ¼ of remaining fees due on August 1st, October 1st, and December 1st, 2023.
  - A \$75.00 volunteer fee refundable after 22 hours of volunteer work will be included in the August payment for competitive groups.
- Multi- Sibling discount after 1st swimmer

# MACHINE AQUATICS

## TYSONS ONE LIFE FITNESS

### 2023-2024 SEASON INFORMATION



#### PRACTICE TIMES-

GROUPS/TIMES CAN NOT BE MIXED

GROUP NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>TSO - SENIOR ORANGE</b>	3:30 - 5:15 PM	3:30 - 5:15 PM		3:30 - 5:15 PM		7:30 - 9:00 AM @ OAKMARR
<b>TSSM - SENIOR SILVER</b>	3:30 - 5:15 PM		3:30 - 5:15 PM		3:30 - 5:15 PM	
<b>TSGM - SENIOR GREEN</b> <b>TSGT - SENIOR GREEN</b>	3:30 - 5:15 PM	3:30 - 5:15 PM	3:30 - 5:15 PM	3:30 - 5:15 PM		

TSGW - SENIOR GREEN			3:30 - 5:15 PM		3:30 - 5:15 PM	
THPT1 - HS/ SUMMER PREP THPT2 - HS/ SUMMER PREP	3:30 - 5:15 PM		3:30 - 5:15 PM			
THPO - HIGH PERFORMANCE ORANGE	3:30 - 5:15 PM	3:30 - 5:15 PM	3:30 - 5:15 PM	3:30 - 5:15 PM		7:30 - 9:00 AM @ OAKMARR
THPS - HIGH PERFORMANCE SILVER	5:00 - 6:30 PM	5:00 - 6:30 PM	5:00 - 6:30 PM	5:00 - 6:30 PM		
TGSM - GEARS SILVER TGST - GEARS SILVER	5:00 - 6:30 PM		5:00 - 6:30 PM			7:30 - 9:00 AM @ OAKMARR 7:30 - 9:00 AM @ OAKMARR
TGGM - GEARS GREEN TGGT - GEARS GREEN	5:00 - 6:30 PM		5:00 - 6:30 PM		5:00 - 6:30 PM	
TITF - TECHNIQUE & FITNESS					3:30 - 4:30 PM	
T1 - STROKE MECHANICS T2 - STROKE MECHANICS					4:30 - 5:30 PM 5:30 - 6:30 PM	

# REGISTRATION INFORMATION.

## DUES AND PAYMENT SCHEDULE

- **Registration Fee- \$550.00 per swimmer for competitive groups, \$130.00 for Stroke Mechanics/ Technique & Fitness Non- Competitive groups (included in the total above per group).**
- USA SWIMMING & POTOMAC VALLEY SWIMMING REGISTRATION (included)
- OUTFITTING PACKAGE (TEAM SUIT, 2 SHIRTS, EQUIPMENT BAG, TEAM SWEATSHIRT)
  - Sizing information must be provided per outfitting order by August 5th, or the swimmer is subject to remaining sizes available or delays in delivery.
- Team Dues are split into 4 payments-
  - Registration Fee + ¼ Dues Due at the time of registration
  - ⅓ of remaining fees due on August 1st, October 1st, and December 1st, 2023.
  - A \$75.00 volunteer fee refundable after 22 hours of volunteer work will be included in the August payment
- Multi- Sibling discount after 1st swimmer

## VISIT OUR WEBSITE- [machineaquatics.com/locations](http://machineaquatics.com/locations)

Please visit [machineaquatics.com/registration](http://machineaquatics.com/registration) and select your location.

Select if you are registering for a COMPETITIVE or NON- COMPETITIVE GROUP

Select your child GROUP LEVEL

Location the CODE for the group you are registering for (example: AT2)

Once you have collected this information, then select REGISTER.

## TEAM UNIFY

You will now be on our Team Unify site. Please read over the Registration Information thoroughly.

When you are ready to begin, select **Register**

Log In New Members - Select "I am a new user.." and enter an email address you would like to use as the login email (same will be used for communication) for the account.

Returning Members - Select the login option and enter your login information.

## Account Information

Returning members verify information on file and make corrections and save.

New members enter the account information, including Email addresses, Billing information, Parents & Guardians, Insurance information, and Emergency Contact.

## Swimmer Registration

Now you will register your swimmer(s) under your account.

New Members - Select Add New Member. From there, enter all the swimmer information in the required fields.

Returning Members - Select Swimmer and make sure the information from last year is correct. Please review the **Outfitting sizing**, as this will be used to order team shirts

Select the "Remaining Payment" option: Four payments (remaining August/October/December or Annually (lump sum) due August 1 • Select the correct registration group. After selecting the group, scroll down to the bottom and select the button "Register the member to the selected group" in order to continue.

**Waivers** Read over all the waivers and commit to them before continuing. Payment & Success email! After entering all the information, you will then review the registration fees. From there, you will proceed to check out and enter your Credit Card information.

# HELPFUL HINTS

Register all members at the same time. If you were unable to do so, please let us know. Please enter the Swimmer's FULL NAME.

Sessions will time out!

Please be ready with ALL information before beginning to include medical insurance

A credit Card is the only accepted payment method for registration.

Please allow 7 days for registration approval by the coach.

You will be required to settle any outstanding previous balance at the time of registration.

# GROUP QUESTIONS

Email the coach of the group or the Head Coach of the site.

# BILLING QUESTIONS

Email the site administrator, Alison Galbraith, at [alison@machineaquatics.com](mailto:alison@machineaquatics.com). All these emails can be found on the FAQs page on our Team Unify site or on the location page.